

CREATE THE SOUNDTRACK TO YOUR LIFE



Your personal soundtrack is the musical roadmap of your life. Have fun answering these questions to create your own playlist. When you're finished share your soundtrack with us on our Facebook page! We hope to find new music, remember some greats we forgot, or marvel at any similarities in our musical legacies. REVEL in music!

Instructions:

- Grab paper & pen and answer the questions below.
- Use your answers to make a playlist of the songs that speak most to you; or include them all. This is YOUR soundtrack! We suggest at least 20 songs and love Spotify for creating playlists.
- Then, add a good personal theme song or two, or three. These songs should signify where you are at, make you feel like you can take on the world, or remind you who you are.
- Next, choose a song for a future anthem a song to uplift, inspire, and move you toward the future you desire.
- Finally, share your soundtrack for others to enjoy and get to know you a little better. We want to hear it, too!

Ask yourself these questions to guide your song selections:

What was your dad's favorite band?

Do you know your mom's favorite song?

Is there a band, album, or genre that your parents always played?

Do you remember hearing one of your grandparents sing?

Did your sibling run a song into the ground on repeat?

If you played an instrument, what is the first song you learned to play?

What song was playing first time you danced with someone special?

Your favorite music when you first started driving?

What was your senior class song?

Did you ever have a summer anthem?

Who played your first concert?

Who played your favorite concert?

What song did you listen to on repeat when you had your heart broken? When you fell in love?

What songs were playing at your wedding or graduation?

Song you would sing with your friends in the car?

The song you still know every word to?

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A road trip or vacation song?

What always played at the skate rink? the lake? the cool place you frequented?

What song was popular when your kids were born?

What lullaby did you sing?

The first song you learned all the lyrics to?

What song did you totally flub the lyrics?

The first album you ever bought with your own money?

The last album you purchased?

What song do you absolutely detest?

Favorite Christmas song?

The "younger set music" that you totally love?

The "lame" band that is your guilty pleasure?

Theme song to a movie that moved you? Or a TV show that you religiously watched?

A song that always makes you get a lump in your throat or outright cry a river?

What's your mood music?

Who is your go to artist for a dinner party?

What musician do you want your kids or friends to appreciate?

Song you loved as a kid that you realize was way too inappropriate now that you are an adult?

A song that got you through grief?

A song you can't help but dance to?

The odd song that you often burst out singing at the weirdest times?

If you could only take one album to whatever horrible place that would only allow one, what is it?

What song symbolizes love? Joy? Telling the world to take a leap? power?

What other songs evoke specific memories?

Are there other songs or bands that have significance to your personal history?

What band do you never miss a chance to see in concert? Always buy their new music?

Who is your favorite musician right now?

What are you playing in your car these days?

Who is your favorite person's favorite musician/band?

Is there a cover version of a song that you like better than the original?

Is there a song that makes you feel like you can take on the world?

Is there a song that makes you want to be a better version of yourself?